

YUMMY NORTHWEST

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SEE WHAT I FOUND!

April 1 can bring surprises of varying kinds. The best ones are those you come across in your travels. A trip to the library becomes a time to curl up with a cup of coffee and a good book. Going to pick up some yarn turns into a relaxing afternoon enjoying tea and scones.

This issue of **Yummy Northwest** introduces you to some unexpected places to enjoy a treat. Keep your eyes open—there are many more hidden delights to be found!

Washington

Fudge and quilts

Quilters will tell you that wading through piles of fabric and eating chocolate must be the finest pleasures of this earthly existence. Anna Lena's offers both in abundance. There are many fudge flavors to choose from; one will become your favorite.

Anna Lena's Quilt Shop

111 Bolstad Ave. E.
Long Beach, Wash. 98631
(360) 642-8585
www.annalena.com



Tea and yarn

Even if your knitting projects look a bit wobbly, you can still get satisfaction from sipping a cup of tea surrounded by colorful yarns from around the world. Splurge on a lavish Village afternoon tea (by reservation).

Churchmouse Yarns and Teas

118 Madrone Lane
Bainbridge Island, Wash. 98110
(206) 780-2686
www.churchmouseyarns.com

Village Yarn and Tea Shop

19500 Ballinger Way NE
Shoreline, Wash. 98155
(206) 361-7256
www.villageyarnandtea.com



Surprise! Good food can be anywhere!

"Food Finds"
Sandra Pinckney, host

Celebrating edible ingenuity, this TV show takes you into the factories, kitchens and hearts of people who have made food their business.

Some Washington and Oregon foods that have been featured: Fran's Chocolates, Mo's clam chowder and Liberty Orchards' Aplets and Cotlets.

Find more about the television show at www.foodnetwork.com.

Based on the book "Food Finds: America's Best Local Foods and the People Who Produce Them," by Allison Engel and Margaret Engel.

EXPLORE!

Baklava and blizzards

As late as April you might be traveling over Satus Pass in Southeastern Washington with snow falling, stirring up a longing for a hearty snack. You will be happy to come across a small shop run by the nearby St. John's Greek Orthodox Monastery. Along with hot beverages and Greek foods, you'll find homemade soap and candles and information about the Greek Orthodox faith.

St. John's Bakery, Coffee and Gifts

2378 Highway 97 (near mile marker 24)
Goldendale, Wash. 98620
(509) 773-6650
www.stjohnmonastery.org

Coffee and books

Basements can be scary, but a welcoming, cozy, book-lined atmosphere awaits you below the Elliott Bay Book Company in Seattle's Pioneer Square district. Linger with a newspaper and enjoy the restful interlude.

If you can't afford to buy books, or there just aren't enough to satisfy your need to read, wander over to the Seattle Central Library and stand in awe of architecture, color and space. Don't be afraid to get lost in the vastness; a happy surprise awaits you around every corner. Refresh yourself during exploration on the third floor at the FareStart coffee cart.

Elliott Bay Book Company

101 S. Main St.
Seattle, Wash. 98104
(206) 624-6600
www.elliottbaybook.com

Seattle Central Library

1000 Fourth Ave.
Seattle, Wash. 98104
(206) 386-4636
www.spl.org



Oregon

Lemonade and Jackie Chan's shoes

After walking the yellow brick road and matching your feet and hands to replicas of the movie-star prints that decorate the cement in front of Grauman's Chinese Theatre in L.A., you'll build up a thirst for the free lavender lemonade in summer and free hot lavender tea in winter. Inside, enjoy other Hollywood memorabilia, including shoes and autographed photos.

Shooting Star Lavender Farm

17676 Beaver Falls Road
Clatskanie, Ore. 97016
(503) 728-4236
www.shootingstarlavender.com



Chai and flowers

Spring is the best time to take in the scents and sights that make the season so special at this nursery. Tucked away in a corner, a coffee cart awaits, ready to provide warm refreshment as you stroll about.

Portland Nursery

5050 SE Stark
Portland, Ore.
(503) 231-5050



Tea and serenity

The garden itself is an unexpectedly peaceful sanctuary in the midst of urban life, but this teahouse will be especially hard to leave once you've found it. Settle into a seat facing the garden, linger over a cup of tea and a cookie, and reflect.

Tower of Cosmic Reflections

Portland Classical Chinese Garden
NW 3rd and NW Everett
Portland, Ore. 97209
(503) 228-8131
www.portlandchinesegarden.org



A feast for the eyes

The coffee stand that used to be in the main lobby is now, alas, closed. Although food is no longer available, a visit to this wondrous place will fill another hunger—for beauty, for awe, for inspiration.

Multnomah County Library, Central Branch

801 SW 10th Ave.
Portland, Ore. 97205
(503) 988-5123
www.multcolib.org/agcy/cen.html



Were you expecting that?

As with most fine things, chocolate has its season. There is a simple memory aid that you can use to determine whether it is the correct time to order chocolate dishes: any month whose name contains the letter A, E or U is the proper time for chocolate.

-Sandra Boynton

I've been on a diet for two weeks and all I've lost is two weeks.

-Totie Fields

So in our pride we ordered for breakfast, an omelet, toast and coffee and what has just arrived is a tomato salad with onions, a dish of pickles, a big slice of watermelon and two bottles of cream soda.

-John Steinbeck

(In Canton) the Chinese fondness for snacks and small eats reaches a kind of apotheosis.

-E.N. Anderson

Part of the secret of success in life is to eat what you want and let the food fight it out inside.

-Mark Twain

Around the Northwest

Food and lots and lots of stuff

If you haven't already discovered that you can go to Costco for lunch and dine free on samples, soup-to-dessert, you will indeed be surprised by the bounty. Walking into one of these huge warehouses will amaze anyone who sees it for the first time; finding abundant free food, too, may cause lightheadedness. The cure: ask the nearest person handing out samples for a taste.

Costco

Various: www.costco.com



Chocolate Surprise Cupcakes

1 (18.25 ounce) box chocolate cake mix
8 ounces cream cheese, softened
1/3 cup granulated sugar
1 egg
1/8 teaspoon salt
1 cup semisweet chocolate chips

Preheat oven to 350 degrees.

Prepare cake mix as per instructions on box.

Mix together cream cheese, sugar, egg and salt; fold in chocolate chips.

Fill cupcake tins half full of cake batter, and then drop 1 teaspoon of cheese mixture into each cupcake. Bake until done. Frost.



from
www.recipegoldmine.com

About YUMMY NORTHWEST

Each monthly issue highlights an edible delight available in the Pacific Northwest.

Contact the editor

Comments, corrections, topic ideas and submissions are all most welcome.
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Now online!

Enjoy back issues of **Yummy Northwest** at <http://www.tanglycottage.com/Yummy>.